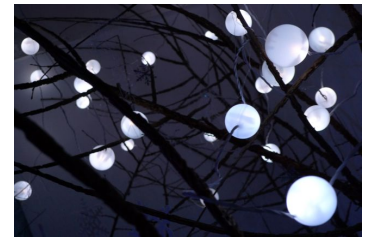


Frozen Forest

Environment: Low End - White cloths and voiles dressing space. Trees with snowball lights, frost, snowflakes. Mirrors for iced pool, glitter balls, lights. Polystyrene chips, star man puppet. High End - trees decorated with white fairy lights, icicles, beads, little bells, chimes. Lge metallophones, icy instruments - vibratones, silver bells, silver tambourines and shakers. Silver rah-rahs and white streamers. Giant iceberg, ice 'bags' with cellophane and fairy lights inside. Silver space blankets.

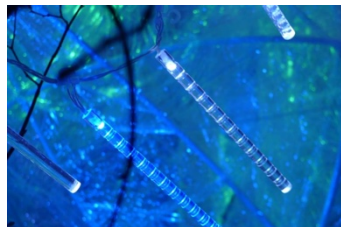
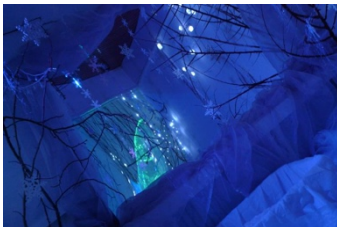


Snow Enter and explore 'snow', rolling/burying in voiles, seeing reflections in ice pool, dropping 'chips' like snowflakes, singing snow songs. Light, gentle introduction - meet the star-man and his treasures - glitter ball, icicles, bells, lights.



Ice Instruments Reveal metallophones and encourage gentle playing. Add other instruments to the mix, play the icicle chimes in the trees, listen to the sounds, make ice-music

Dance in ice and snow with silver sparkly rah-rahs and spinning white streamers. Encourage movement through whole space, mirror others' movements, make up your own. Fill the room with swirling movement.



Iceberg Dynamic changes as iceberg appears in green/blue light. See the sparkling colours, feel the 'stretch wrap' shards, climb inside and explore - playful looking, feeling through holes in the ice, crawl in and out, rescue each other. Light the ice-bags and feel them crunch and crinkle while the lights sparkle inside.

Frozen River Bring out rustling, sparkling space blankets, listen to the sounds, dance and see them change colour in the lights, finally spreading them along the floor as a frozen river along which you can dance, roll, skate your way home.

Evaluation Light, gentle start to the workshop/term. Groups explored snow in different ways, some very sensory, feel of cloths, 'chips', others visually with reflections and lights, others in role with puppet, others singing songs - and combinations of all of these. Music section good - crossed over whole space so music also felt spacious, enabling clients to hear individual sounds, rhythms. As hoped, rah-rahs and streamers did encourage a massive increase in dance and movement in most groups and even those more sedentary could see/feel the movement all around them. New props - Iceberg and ice-bags worked really well, providing new visual and tactile experiences which were explored and enjoyed by all. Space blankets as always a truly multisensory resource that could be used in a variety of ways - one child particularly enjoyed being swung in his like a hammock!

