

Weather Forecast

Environment: Low End - large cloud made of quilts and pillows - covered in white gauze, with white and silver balloons hanging from ceiling and all around. Long white/silver voiles. Metallophones. Electric fan. High end: Rain umbrellas, rainsticks, mbiras/resonance boards, rain ponchos. Sunny lighting on green grass, picnic blankets, sun cream, crisps and drinks.

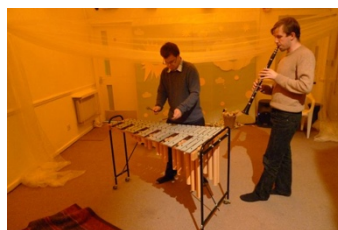


Greeting Weather forecast on TV. sing about the weather, drum the rain/thunder

Clouds Roll on soft fluffy clouds, play with balloons, wrap up in white gauze, bring out voiles and dance underneath to the sound of metallophones and singing.



Rain Follow the sounds of rainsticks, feel the rain falling, put on ponchos and dance with, spin, hide under sparkling umbrellas. Add mbiras on resonance boards and feel the vibrations through your fingers and hands, feet and heads.



Sunshine Lighting changes, becomes warm and golden. Lay blankets out on the grass, massage each other with suncream, enjoy the touch, smell, caring for each other. Share crisps and drinks and sing in the sunshine.

Observations Lovely first workshop, light, open flexible. Lots of tactile and sound play. Safe for new clients who appeared relaxed and happy. The big metallophone is a great instrument for all levels of ability - lots of music-making and play in this workshop. Mbiras on resonance boards greatly enjoyed by PMLD clients, Umbrellas encouraged movement, dance and shared sheltering

