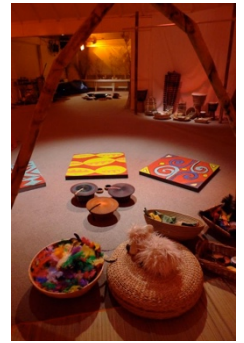


Zulu

Artefact: Isicholo hats **Costume:** Neck/arm/knee bands

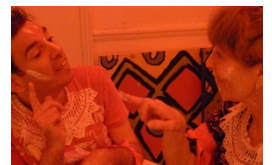
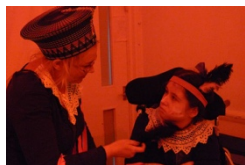
Environment Grasses around low end, wooden bowls and baskets + giant firepit pot, varieties of beans, all shapes, sizes and colours, spices and herbs, grinding poles. High End: Beehive hut, basket of vegetables for pot, sheep puppet, face paint and feathers, African instruments including mbiras, drums, shakers and ballaphones.



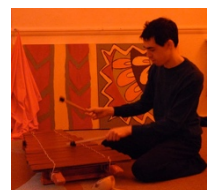
Beans Sorting into different sizes/colours, feeling, smelling, listening to sounds of pouring, dropping, falling, rolling around in tambours, gathering into piles, making patterns, making them jump in tambours, throwing into big cauldron, feeling with feet, watching them cascade. Making shakers with little bowls and baskets. Playing rhythms with the sounds. Smelling, tasting, hiding under pots. Sharing, passing bowls to each other. Gathering in big pot and pole-stirring.



Beehive hut Take beans back to village, meet cook who asks for help putting vegetables in pot, produces reluctant sheep puppet, who makes friends with all and is allowed to live - vegetable soup it is! Prepare for a feast - red, white and yellow face paints for faces arms and feet, feathers to adorn hair and costumes, or just feel the softness and see them flutter to the ground.



African music begins with gentle sound of mbiras, then builds with shakers and drums to a big dancing section. Enjoy the rhythms, move to the beat, dance with each other or play the instruments until the sun goes down. Settle round a crackling fire under the stars and taste Zulu beer and cottage cheese, then rest.



Observations Beans - probably the most successful tactile resource so far this term - all sensory elements thoroughly explored and enjoyed by all. Comedy element introduced by the sheep puppet raised smiles and laughter and genuine concern by clients on its behalf - very caring. Face paints and feathers particularly engaging for many clients, some new faces showed us a way in to their worlds at last. The music and dancing was lively and fun, encouraging instrument playing and movement in most people. The chill under the stars round the fire provided a welcome rest for us all and was often accompanied by gentle chanting - quite magical.

